

List of Questions for Discussion

Constructivist Listening Activity Starter Questions

- What I'm feeling appreciative of.
- What happened the last time I laughed really hard...
- Favorite movies and why I like them!
- Most influential person (people)...
- Something I'm proud of...
- What gets me up in the morning...
- Something you may not know about me...
- A story I find inspiring.
- Talk about a time you were called a name or felt left out in a group. How did that make you feel? What did the person in charge do if anything? If you could have changed the experience, what would you have liked to have happen? What could the person in charge have done differently?
- Talk about a time you felt powerless? Talk about a time you felt powerful?
- What's coming up for this morning, today, this evening?
- What did I learn? What do I want to learn more about?
- What am I curious about?
- Favorite quote(s).
- A song/piece of music that really gets to me...
- Something I'm proud of...
- If I were to have chosen some different kinds of lives...what they might have been...
- The simplest thing that had so much meaning...
- Things I know...I trust...

Constructivist Listening Activity In-Depth Questions

- What does it mean to listen in support of someone? What does it mean to listen in support of a cause? How is it different?
- How can listening to understand help future conversations or relationships?
- How is listening shown in the media (ex: television, social media, etc.)? Is it productive?
- Has social media affected our ability to listen?
- How can we be better listeners?
- Talk about a time you were called a name or felt left out in a group. How did that make you feel? What did the person in charge do if anything? If you could have changed the experience, what would you have liked to have happen? What could the person in charge have done differently?
- Talk about a time you felt powerless? Talk about a time you felt powerful?

Advocacy

- What does advocacy look like?
- Are there different ways to advocate for causes?
- How can you personally most effectively advocate for things?
- Is advocacy in our daily lives?
- When we advocate for issues, how can we ensure we are including everyone in the solution?